



Creativity is the free-flow movement of energy directed toward a desired end result. It is a natural energy waiting to be used. It isn't inherited – it just is. It doesn't run out – you can't over use it. It isn't the inspiration that is sometimes there and sometimes not. What we do with this energy is our creative process.

This book is about discovering your optimum model for manifesting your ideas from daydream to reality. You will find practical answers to common blocks that can undermine your confidence and competence. Included is a 30-day activity calendar for discovering what works for you through newfound insight and first-hand experience. Think of it as a beneficial experiment for you to enjoy!

Price: \$12.00

Seminars teaching the tools from this informative book are available for your company or organization. Contact Rose at [rmTaylor@creativeresolutionstoday.com](mailto:rmTaylor@creativeresolutionstoday.com) for more information.